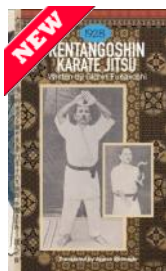


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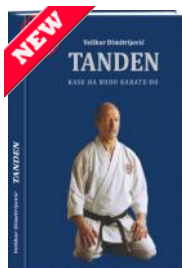
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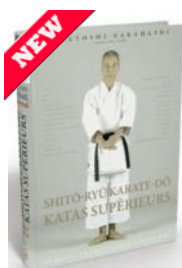
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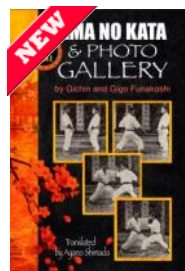
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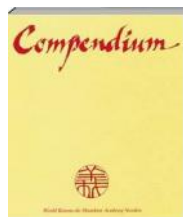


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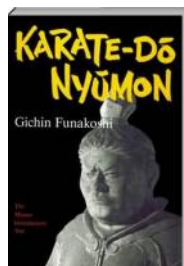
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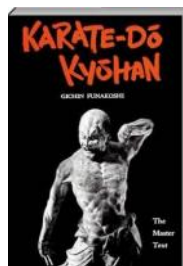
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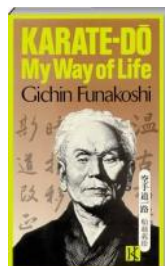
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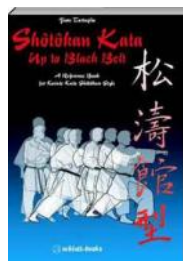
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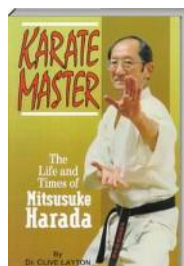
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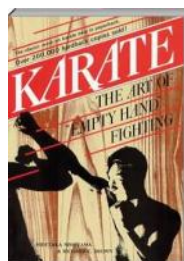
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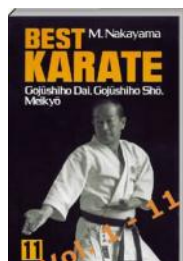
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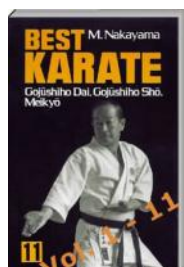
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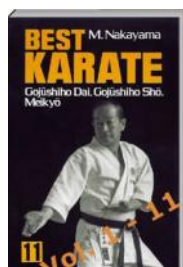
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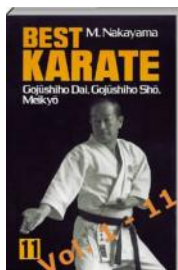


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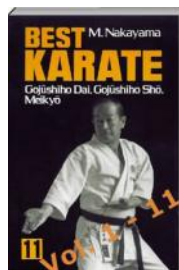


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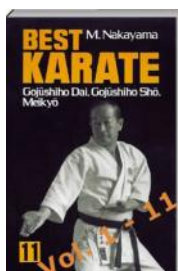


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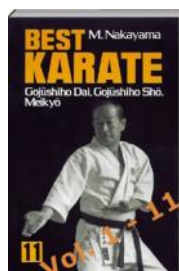


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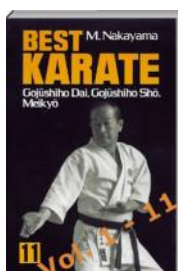


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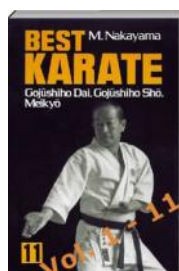


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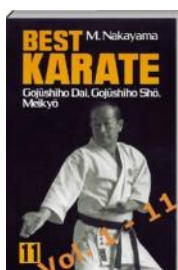


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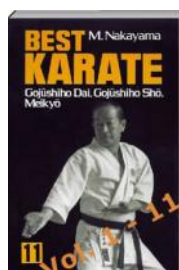


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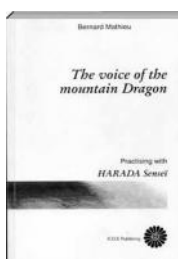


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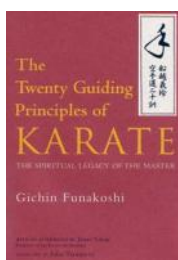


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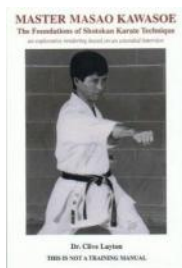
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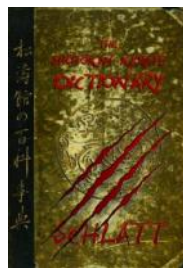
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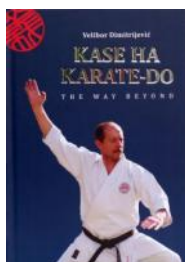
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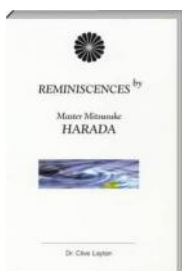
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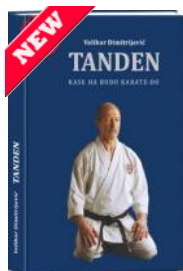
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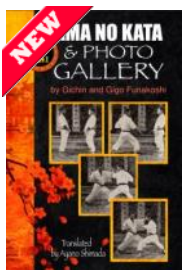
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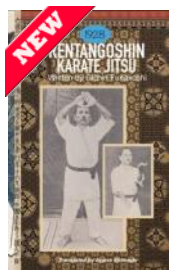
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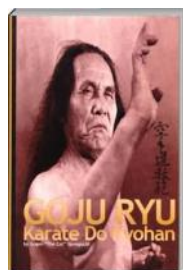
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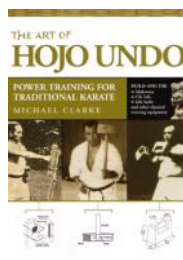
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Book **THE ART OF HOJO UNDO, Power Training for Traditional Karate** by Michael CLARKE (7th Dan), English, 222 pages, 360 illustrations. Hojo Undo means 'supplemental training', and using these tools is the key... [\(+ info\)](#)

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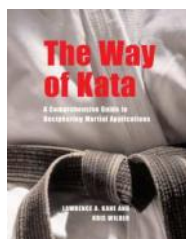
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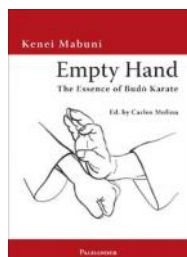
Book ALL JAPAN KARATEDO SHOTOKAN TOKUI KATA 3, Japan Karatedo federation, english-japanese BOK-114

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Books Shito Ryu english



Book EMPTY HAND The Essence of Budô Karate by MABUNI, Ken-Ei, english

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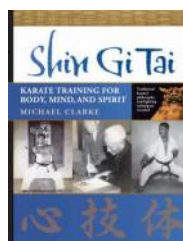
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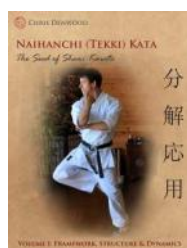
Books Other books



Book SHIN GI TAI - Karate Training for Body, Mind and Spirit, Michael CLARKE, english

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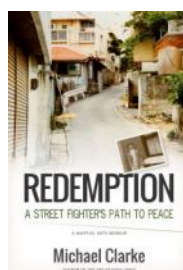
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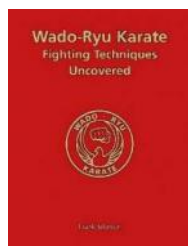
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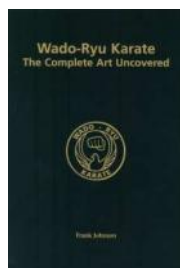
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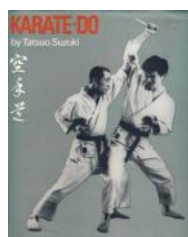
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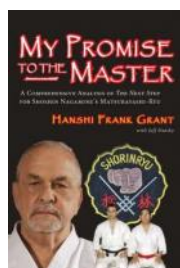
Books Okinawan Karate



Book My Art Motobu Choki, McCarthy, english

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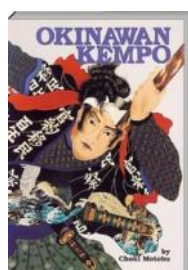
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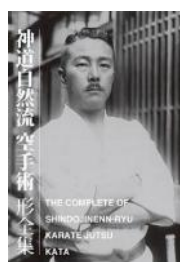
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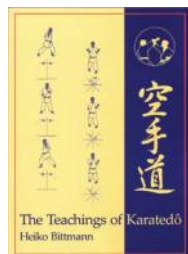
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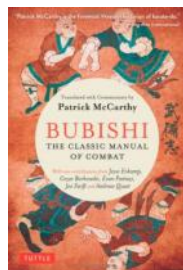


Book The Teachings of Karatedo, Heiko Bittmann, English

Book The Teachings of Karatedo, Heiko Bittmann, English, 15x21 cm, 217 pages. Short version of the German doctoral thesis in the field of Japanology (1998). Presents English translations of texts on the teachings of... [\(+ info\)](#)



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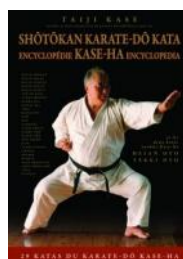
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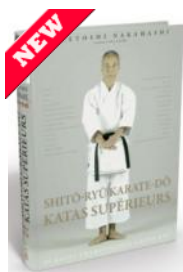
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